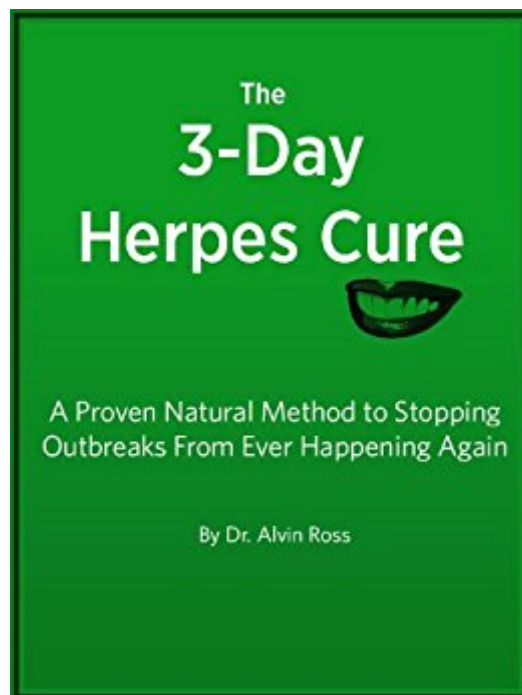


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# The 3-Day Herpes Cure - A Proven Natural Method To Stopping Outbreaks From Ever Happening Again



## Synopsis

Herpes can ruin your life. I've experienced it myself and seen it in countless others. Through years of ridicule and rejection, I had become extremely self-conscious of my herpes blisters. In my 20s I contracted genital herpes and it was devastating for my self-esteem. I would frequently have blisters and itchy spots on my penis. I fell into a deep depression. I was disgusted by myself and thought I would never have sex again. Not only because of my personal embarrassment, but because I didn't want to endanger innocent girls by giving them this disease. I wanted to murder the girl that gave it to me. These negative experiences led me to search for a way to treat herpes as effectively as possible. I tried everything: creams, tablets, alternative cures, I bought every herpes guide I could find online. Nothing really worked. The creams usually prescribed actually made it worse. They made the blisters dry out and hurt badly. The herpes guides claiming a one minute herpes cure were complete garbage and potentially harmful to your health. It seemed like I would have to live with this embarrassment forever. Then, after thousands of hours of research, I found one ingredient that kept being mentioned over and over. I combined this with a few other supplements that studies indicated may work, and created my own regimen that has kept me free of herpes outbreaks for 5 years now. In the process, it has improved my overall health as well. This book is the result of thousands of hours of research over a period of many years. I want to help as many people suffering from this disease, so they can have this burden lifted from their bodies and minds.

## Book Information

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## Customer Reviews

The book has some new information I did not find in others so it was helpful. However the recommendation to take Aciclovir may be outdated the brand name more common is Zovirax as indicated in the book. It requires a prescription and was first popular in the late 80's. The cream and capsules both provided no benefit at preventing or reducing infection duration. This is not a book with a proven cure but good advice on prevention and some who say it worked but Herpes is tricky it can stay dormant for years. I do respect the research that went into the book and will add some of the recommendations to my own process.

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